

# Useful Formulations for Sensitive Individuals

Formulation	Actions	Allergies, Mastocytosis, "Brain Fog"	Eczema, Hives, Rash, Rosacea, Psoriasis	ADD, Autism Spectrum Disorder, PANS	Chronic Fatigue Syndrome, Fibromyalgia, Post Lyme Syndrome	Interstitial Cystitis / Bladder Pain Syndrome	Osteoarthritis
<b>Algonot Plus®/ ArthroSoft®</b>							✓
Glucosamine Chondroitin	Tissue Protective						
Quercetin	Anti-Inflammatory						
Olive Pomace Oil	Antioxidant						
<b>BrainGain®</b>		✓		✓			
Berberine	Antibacterial Antiviral						
Folinic Acid	MTHFR mutations						
Hydroxytyrosol	Neuroprotective						
Luteolin	Anti-inflammatory Mast Cell Blocker						
Olive Pomace Oil	Antioxidant						
<b>CystoProtek®</b>						✓	
Chondroitin Glucosamine Sodium Hyaluronate	Tissue Protective						
Quercetin Rutin	Anti-Inflammatory						
Olive Pomace Oil	Antioxidant						
<b>FibroProtek®</b>		✓			✓		
L-Carnitine CoQ10	Energy Provider						
Luteolin Quercetin	Anti-Inflammatory Mast Cell Blocker						
Olive Pomace Oil	Antioxidant						
<b>GentleDerm® (Lotion)</b>		✓	✓	✓	✓	✓	
Methylated Luteolin	Anti-Inflammatory Mast Cell Blocker						
Olive Pomace Oil	Antioxidant						
<b>NeuroProtek®</b>		✓	✓	✓			
Luteolin Quercetin Rutin	Anti-Inflammatory Mast Cell Blocker						
Olive Pomace Oil	Antioxidant						
<b>NeuroProtek Low Phenol®</b>		✓	✓	✓			
Luteolin Quercetin Rutin	Anti-Inflammatory Mast Cell Blocker						
Olive Pomace Oil	Antioxidant						
<b>PureLut®</b>		✓	✓	✓	✓		
Luteolin	Anti-inflammatory Mast Cell Blocker						
Olive Pomace Oil	Antioxidant						